# A SENSE OF COMMUNITY

# HYDE-PARK

AUGUST 2019

www.facebook.com/groups/HydeParkUnited/

hydeparkhouston.org

# Letter from the Vice President



Howdy Hyde Park,

Ooh its hot! I hope you're enjoining the Summer! For many of you, it may be a great time to get out of town (or send the kids out of town) to enjoy some of the great places to visit across the country (or the

globe). For others, like me, it's a great time to remind ourselves that air conditioning is the greatest invention of humankind!

# **UPCOMING GENERAL MEETING**

Our upcoming August meeting will feature guest speaker **Damon Williams** with the Montrose Tax-Increment Reinvestment Zone (TIRZ). There has been a lot going on with the TIRZ over the last year, even if you haven't heard about it. The board of directors of the TIRZ appear to be treading carefully as they put together infrastructure improvements, likely in response to the ongoing litigation embroiling the Montrose Management District. But they need to get something going soon and have an immediate impact.

One thing in the works is a nine-month long Livable Centers Study that will start in January 2020. The study is intended to give long-range guidance on mobility projects, economic development and other improvements and will be used by the TIRZ board of directors to guide funding decisions and support grant applications.

I hope you can join the meeting on August 6th at 7 pm. We meet upstairs at Rudyard's, so get there early to grab some food and a drink.

Reminder – Our general meeting on September 3rd will be a forum for the candidates running for City Councilmember District C. So far, we have confirmations of attendance from five of the eleven candidates and hope to have more confirmations in the coming weeks. We'll post updates on the Hyde Park Civic Association Facebook page as we get closer to the event.

Please send your ideas for future presenters to vicepresident@hydeparkhouston.org.

# WHAT'S GOING ON

We had a great time at Anvil for Happy Hour, and loved seeing some new faces. Look for a recap in these pages and where our next event is in August.

Our volunteer appreciation reception will be on Thursday, August 15th from 7 to 9pm. If you have at any time volunteered on behalf of Hyde Park, please look out for your invitation to a food and drink extravaganza at Rudyard's.

We contacted **Khang Nguyen**, **Assistant Director of the Traffic Management Branch**, regarding NTMP Project 6535-15 (Project Name Rosedale) and were informed that it remains on the waiting list for District C (13th in line). Hyde Park will only get off the waiting list if our new Councilmember continues to not fund speed cushions. Another reason to attend the candidate forum in September!

Mr. Nguyen also requested that we provide a list of the specific traffic issues the Civic Association would like to have the City address in a traffic study. Please contact a Board Member if you are interested in identifying specific traffic issues to be addressed. We will reach out to members who can help deliver the list to the City.

# **NATIONAL NIGHT OUT**

It's time to start planning! Veronica Faubert and Cliff Jones have volunteered to organize the event. But we need more volunteers to have a successful event. If you are interested in volunteering, please please please let us know!

There are still positions with HPCA that need to be filled. In these pages, you will see an ad letting you know what positions need to be filled, though the Board is open to hearing how you can serve as well.

See ya,

Chris Delphin, Vice President

# **This Month**

# HPCA MONTHLY MEETING @ RUDYARD'S

August 6th - 7pm

# HPCA VOLUNTEER APPRECIATION RECEPTION @ RUDYARD'S

August 15th - 7pm

# PROFILE OF NEIGHBORHOOD CLINIC: LEGACY

on page 2.

# Next Month

# LOCAL CANDIDATE FORUM AT THE HPCA MONTHLY MEETING @

Rudyard's Upstairs September 3rd

# HPCA HAPPY HOUR @ HAMBURGER MARY'S

August 21st, 6-8pm 2409 Grant St.

# **Non-Emergency Contacts**

HPD Westheimer Storefront (832) 394-9900

HPD Non-Emergency (713) 884-3131

Dial 311 for City Helpline

# **BLOCK CAPTAINS**

### Bomar

Greg Jeu & Jim Hurst 281-541-6756

### California / Westheimer

Cecilia Kammer 832-788-1586

### Commonwealth

Laura Lark 713-550-6226

### 2516 Commonwealth

Mark McCreary

### Fairview

Irene Dahlgren 713-299-5190

# Hyde Park / Hyde Park Apts.

Linda Carter 713-524-2952 Pat Courtney 832-860-1814

# Hyde Park Crescent

Carlos Fernandez 713-520-7017

### Hyde Park Townhomes

Clint Harbert, 832-428-0158

# Indiana / Yupon

Alice McCarthy 713-521-5807

### Jackson

Nelson Vergel 713-539-1978

### Maryland

Finis Cowan 713-582-6066

# Michigan

Tom Whitworth 713-523-8035

# Missouri

<u>OPEN</u>

# Montrose/Waugh

Carolina Sierra 713-446-8213

# Peden

Lori Corwin 832-582-6520

### Vermont

Peter Forbes - 832-921-3464

# Welch

Scott and Lina Rigrod 713-528-2791 Cliff Jones 713-524-3055

# West Drew

Mike McKann 713-526-6777

# West Gray / Hazel

<u>OPEN</u>

# Willard

Delia Isabel Cuellar 832 819-0813

# Yoakum/Van Buren

Macy Bodenhamer 713-201-5810

Block captains: Notify vicepresident@hydeparkhouston.org of any changes in contact information.



# Neighborhood Profile: Legacy

Submitted by Heather Almquist

I've been a long time Hyde Park resident. I find the neighborhood to be inviting and mysterious, and there's always something new to learn or explore. Admittedly, when we decided to put together an overview of the Legacy Health care Clinic on California St. – the only thing I knew was that sometimes people parked there after hours for Montrose nightlife and it offered services for HIV patients.

Fortunately, I had an opportunity to take a tour of the clinic – and learned so much! Lindsay Lanagan, Director of Government Relations and Public Affairs at Legacy, gave me a tour of the facility, outlining services and answering my questions about the clinic.

# WHO THEY SERVE

Legacy is a network of 35 facilities spreading across the Houston metropolitan area, reaching as far as Deer Park and Beaumont. Many of their locations are actually embedded within charter schools like KIPP and Yes! Prep Academies. It's an interesting model – striving to offer kids immediate and direct access to health care and behavioral health care.

Legacy is a Federally Qualified Health Center (FQHC)— which means they address the unmet needs of those who find themselves lacking in certain health care services. As an FQHC they offer a sliding fee scale, work with most insurance companies, cash patients and Medicaid/Medicare patients. It is an allencompassing healthcare model built to support underserved communities.

The first floor is devoted to getting patients acclimated and established. As we toured the patient registration area – I couldn't help but notice how warm, airy and inviting the clinic feels. It's busy and bustling – with providers and clients from all walks of life. They have an onsite full-service lab, and a couple of classrooms for community meetings.

# THE POWER OF FACE-TO-FACE SUPPORT

Legacy has eligibility specialists that work directly with uninsured clients to walk through client eligibility for public assistance programs, such as Medicaid

and Medicare, ACA exchange plans, County programs, and any available discounts on prescription drugs through patient assistance programs. Signing up for insurance or assistance programs can be a daunting experience. Legacy makes that process easy for patients. The Financial Services team partners with the eligibility team, and work on prescription and co pay assistance with clients.

# **FULL SERVICE PHARMACY**

As part of their clinic they have a pharmacy that anyone can use. They have drive up service where you can use their App to let them know you are here to pick up. They also have another full-service pharmacy at their Fifth Ward location.

They offer PrEP (PrEP: Pre-exposure prophylaxis) Rx services. According to Legacy's website, this is a daily course of medications that you take pre-exposure, meaning that you have not been exposed to HIV. Taking once daily PrEP medication reduces the risk of getting HIV from sex by about 99%, according to the CDC. Being that Harris County has the seventh highest rate of HIV in the nation, it is an important part of Legacy's mission.

The Pharmacy also employs highly skilled pharmacists that counsel patients on medication information and adherence. The pharmacists are knowledgeable in areas such as HIV, antihypertensive, antidiabetic therapies. They are willing to consult with patients to review and discuss their regimen, avoiding any potential side effects to medications.

# LEGACY COMMUNITY HEALTH

# Quality Care for All Our Neighbors







Legacy has been a part of driving healthy change in our communities for almost 40 years. To learn more about our comprehensive services, visit LegacyCommunityHealth.org or call (832) 548 5000 now to schedule an appointment.

### **SERVICES**

- Adult Primary Care
- Behavioral Health
- Dental
- HIV/STD Testing, Prevention & Treatment
- Nutritional Counseling
- OB/GYN & Maternity
- Pediatrics
- Pharmacy
- Ryan White Health Care Services
- Sports Medicine
- Transgender Specialty Care
- Vaccinations & Immunizations
- Vision



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Appointments Available! Call (832) 548 5000

# YOU GOTTA KEEP MOVING

Building on that foundation of care, we moved on to the second floor. The first room I entered was a gym! It was staffed by a volunteer, Rusty. Muscle degeneration is a challenge for clients with HIV. They built an onsite (free) gym to assist clients and better serve them with a safe place. It includes several treadmills, bikes, and weights for clients to work on their physical wellbeing. They also have a nutritionist on staff that can help with nutrition guidance and meal plans. The gym is actually free for patients to use between the hours of 8 and 5, Monday through Friday.

# AN EYE TO THE FUTURE

The next stop on our tour was a full-service optometrist and ophthalmologist clinic for adults and pediatrics. There are four eye exam rooms, and you can order glasses and contacts. Back to its roots as an HIV service clinic – this service grew as part of an answer to client's needs.

# RYAN WHITE CLINIC

Not only is Legacy an FQHC, it is also one of the larger Ryan White clinics to address ending the HIV epidemic. There is a large team of community health and HIV education team. They work out in the community to get the word out on how to prevent HIV, how to better your health, and manage Ryan White patients. They serve as a caseworker of sorts that helps patients navigate their healthcare and resources.

# Legacy offers a full service Optometry and Ophthamology Clinic for both kids and adults.

# **KEEP SMILING**

We walked into what looked like it could have been a closet – but it opened into a full dental suite for adults and pediatrics. The technicians kindly informed us they handle cleanings, x rays, and fillings. They refer out for major work (e.g. root canals). Medicaid patients especially have a hard time finding dental care – and they find the clinic is extremely busy.



# **HPCA July Happy Hour**

Submitted by Robert Sheppard

Thanks to all the Hyde Park residents who made our monthly Happy Hour a great success. The July Happy Hour was hosted by Anvil. Their creative drinks and delicious bar food were a big hit. Our regular attendees were happy to welcome several newcomers, and we'd love to see you at our next event. Anvil has a regular happy hour with half-priced drinks from 4 to 5 pm daily; so even if you missed this neighborhood get-together, you should drop by and check it out. Our August Happy Hour will be Wednesday, August 21st, from 6 to 8 pm at Hamburger Mary's (2409 Grant near Fairview and Montrose). Come be a part of what all your neighbors are talking about.

# **BOARD/COMMITTEE CONTACTS**

President – VACANT president@hydeparkhouston.org

Vice President – Chris Delphin vicepresident@hydeparkhouston.org

Secretary – Ellen Pollard secretary@hydeparkhouston.org

Treasurer – Veronica Faubert treasurer@hydeparkhouston.org

Past President – Macy Bodenhamer pastpresident@hydeparkhouston.org

Deed Restrictions – Mike McKann deedrestrictions@hydeparkhouston.org

Membership – Helen Zunka membership@hydeparkhouston.org

Citizen Patrol – Cliff Jones citizenpatrol@hydeparkhouston.org

Newsletter Editor – Heather Almquist newsletter@hydeparkhouston.org

Newsletter Distribution – Lori Corwin distribution@hydeparkhouston.org

Advertising – Carlos Fernandez advertising@hydeparkhouston.org

Lamar Park – VACANT lamarpark@hydeparkhouston.org

Volunteer Coordinator – VACANT volunteer@hydeparkhouston.org

# **HPD Crime Reports for May 2019**

Submitted by Jim Pollard

Crime	Date	Location
Burglary, Breaking and Entering	6/12/2019 6:00	1200 Block WESTHEIMER RD
Burglary, Breaking and Entering	6/27/2019 4:00	1900 Block MONTROSE BLVD
Destruction, damage, vandalism	6/22/2019 16:00	1900 Block COMMONWEALTH ST
Destruction, damage, vandalism	6/28/2019 1:00	1300 Block WESTHEIMER RD
Destruction, damage, vandalism	6/29/2019 8:00	900 Block WESTHEIMER RD
Destruction, damage, vandalism	6/29/2019 19:00	1300 Block WESTHEIMER RD
Disorderly conduct	6/29/2019 22:00	1400 Block MARYLAND
Motor vehicle theft	6/24/2019 2:00	2400 Block MONTROSE BLVD
Motor vehicle theft	6/29/2019 13:00	1200 Block WELCH ST
Simple assault	6/21/2019 13:00	900 Block WESTHEIMER RD
Simple assault	6/26/2019 18:00	2500 Block VAN BUREN
Theft from motor vehicle	6/23/2019 23:00	1300 Block WESTHEIMER RD
Theft from motor vehicle	6/29/2019	1700 Block COMMONWEALTH ST

# Why I Volunteer

Submitted by Chris Delphin

We are starting a new piece in these pages to explain why we volunteer. I volunteered (pun intended) to write the first one. I have lived in Hyde Park since April 2011 and it was the first time I lived in a neighborhood that felt like a community of neighbors. I had previously lived in an apartment in Upper Kirby and in various "neighborhoods" in Manhattan before that. What struck me about Hyde Park was how chill and inviting everyone was to share their community and work together to make the neighborhood even more inviting. I also loved that the group met at a dive bar and worked to maintain the Montrose vibe of the neighborhood. Seeing all this, I knew that there was something special about Hyde Park and I wanted to be a part of it.

# We need volunteers!

We are currently looking to fill the following positions immediately:

National Night Out Volunteer Coordinator

Missouri & West Gray Block Captains

President

Please email vicepresident@ hydeparkhouston.org if you're interested!

# CITIZEN'S PATROL



32.85

Hours patrolled by car

**75.55** 

Hours patrolled on foot

Thanks to all the patrollers who kept an eye out for the safety of our neighbors and community.

Submitted by Cliff Jones



Would you like to reach out to more than 1,500 of your Hyde Park neighbors?

Contact Carlos Fernandez at advertising@ hydeparkhouston.org.

# **HYDE OUT**



# ASIA SOCIETY, TEXAS

Submitted by Mary Ellen Whitworth

If you have not been to the Asia Society to see "Site Lines, Artists working in Texas" you better hurry, the exhibit closes August 18. What is unique about this exhibit is that we can see art created by artists of Asia descent who are living in Texas.

The first artist is **Prince Varughese Thomas**, born in Kuwait and living in Houston. He received his M.F.A. from the University of Houston and is a Professor of Art at Lamar University. Thomas's exhibit asks what is the value of civilian life in times of warfare? The large board is filled with stacks of twenty-five pennies that are painted white. Each penny represents the death of a civilian killed between 2008 and 2012 in the US/Iraq war. His second piece documents the death of soldiers from Texas who were killed in the Iraq war. Thomas believes that the viewer is as dead as the soldiers.

The second artist is **Abhidnya Ghuge** who was born in India and currently is an Adjunct instructor at the Department of Art and Art History at the University of Texas at Tyler. Her work can be viewed on the macro and micro scale. Walking through her exhibit for me was like being underwater in a sea of coral. When you look closely you see that she has taken paper plates, printed them with hand carved woodblock and attached them to wire. Her artist statement explains that the humble disposable paper plate is her medium of choice to explore the value of life and disposability of life. She adds value to the plates thus taking away the disposable nature and elevating them to a level of preciousness.

The third artist is **Ambreen Butt** is was born in Pakistan and lives and works in Southlake, Texas. Her work entitled, "I Am My Last Diamond" from a distance could be fireworks, flowers or an explosion. When you observe up close to see that the work is more than 25,000 sculpted red finger and toes. The work was inspired by the narrow escape of a friend who was near a suicide bomber. Butt also uses the "traditional miniature painting" technique to honor children who have died in drone strikes.

The fourth artist is filmmaker **Jun Nguyen-Hatsushiba** who was born in Toyko and now lives in Houston. His film, "The Master and the Slave: Inijima Monogatari" is about an island in Setouchi, Japan. This island was once renowned for rock quarrying and now is trying to survive on tourism. The eight-minute film includes two actors who are playing baseball with stones from the island and a miokuri (a farewell scene). I really enjoyed the scenes when the rocks become animate entities, a reverse of animals becoming fossils.

The last artist is **Beili Liu** who was born in China and now is a Professor of Art at the University of Texas at Austin. Liu uses different materials such as paper, stone, thread, fire and water to create beautiful forms that capture impermanence. One piece entitled, "Whish Gold" uses burned joss paper. This paper is traditionally burned to give money to ancestors as you burn it.

For times and more information, www.asiasociety.org/texas. Don't wait is closed shortly.

# Got a big idea?

Newsletter content and story ideas are welcome from Hyde Park residents. In 2019 the deadline will always be the 15th of the month for publication the following month. Reach out to newsletter@hydeparkhouston.org.

Want to advertise in the Hyde Park monthly newsletter? Contact Carlos Fernandez at advertising@hydeparkhouston.org.

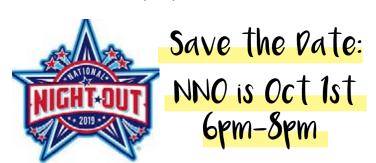
# Hyde Park Civic Association – 2019 Monthly Meeting Schedule

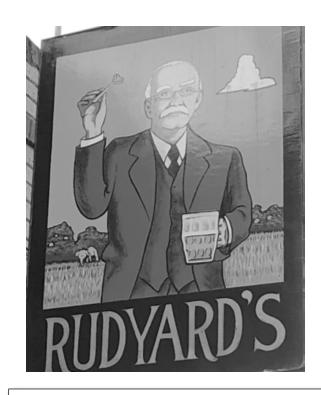
Submitted by Past President Macy Bodenhamer

Monthly meetings are open to the public and held on the first Tuesday of each month at 7pm, with the exceptions of holidays and others noted below. Rudyard's British Pub generously donates their upstairs space to host our meetings. Come early or stay late to enjoy their delicious food and beverages!

Volunteers work to secure guest speakers of general interest to the community each month. If you have a topic that you'd like to learn more about or want to suggest a guest speaker, contact president@ hydeparkhouston.org.

- August 6
- September 3
- · October National Night Out TBD
- November 5
- December HPCA Holiday Party TBD





# **DO-ALL SERVICES**

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# Your local civic association needs YOU!

Memberships sustain the civic association. With Hyde Park Civic Association Annual Membership your support of just \$30/year, we: Yes, I would like to support my local neighborhood association · print this newsletter Name 1: · help maintain Lamar Park manage deed restrictions Name 2: subsidize activities Address: Help us maintain National Night Out, the Christmas Party, Christmas Caroling, Happy **Email:** Hours, and exciting new events planned for 2019. **Telephone:** We need your support and welcome your involvement! Mail form and check to: (Check one) New Renewal Hyde Park Civic Association (Check one) Individual (\$30) Couple (\$60) PO Box 66422 I/We would like to make an additional donation to the Lamar Park fundraising of Houston, TX 77266-6422 **TOTAL** Or just pay online Check No: at www.hydeparkhouston.org.

Date Paid:

# Did You Know? - District C Council Candidates

Submitted by Chris Delphin

Here's the list of candidates for City Council District C and their website. Be informed:

Robert Nowak Jr. - https://bobnowak.org/

Kevin Walker - https://electkevinwalker.com/

Abbie Kamin - https://www.abbiekamin.com/

**Gregory Meyers** - https://www.gregmeyersforhouston.com/

**Kendra Yarbrough Camarena** - https://www.facebook.com/

ElectKendra/

Daphne Scarbrough - https://www.daphnefordistrictc.com/

Mary Jane Smith - https://maryjanesmithforhouston.com/

Nicholas Hellyar - https://nickhellyar.com/

**Shelley Kennedy** - https://www.shelleykennedy.org/

Anthony Dolcefino - https://anthonydolcefino.com/

**Rodney Hill** – [no website found, use google to find out more

about Rodney]

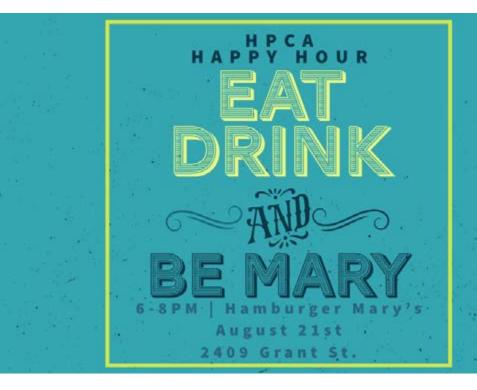
**Candelario Cervantez** - https://www.candelarioforhouston.com/

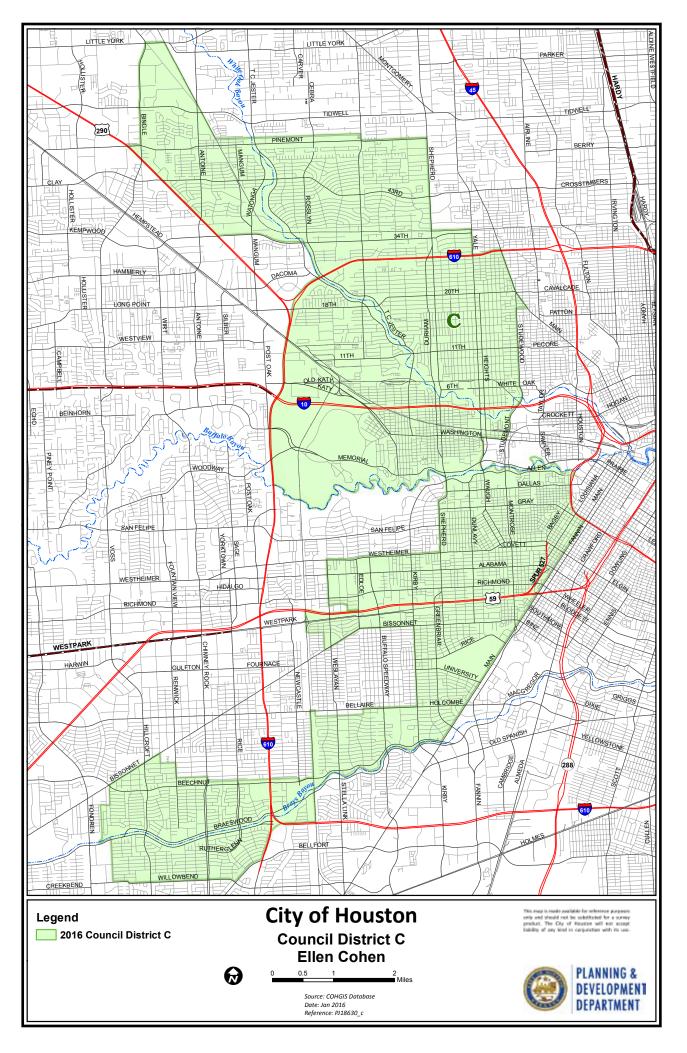


# **Local Candidate Forum**

Submit Your Questions in Advance to the Local Candidates at our September HPCA Meeting.

Please email vicepresident@hydeparkhouston.org









Neighborhood Profile: Legacy, Continued from Page 3

# **BEHAVIORAL HEALTH**

Finding behavioral health providers (both adult and pediatric) for underserved populations is incredibly hard. Many psychiatrists and psychologists do not accept certain insurance plans and finding a therapist can be a difficult process. Legacy simplifies that process by employing qualified professionals to meet the needs of the community. This is an important offering from Legacy. They have a multitude of private consultation rooms.

# **XRAY**

The next stop on our tour was an area where they can do full xray imaging. The images are then digitally sent to an imaging center where they are read, and then the results are updated in the chart. It's quite impressive.

# SOCIAL DETERMINANTS OF HEALTH AND SOCIAL WORKERS

Yet another area that Legacy is exploring is what challenges clients are facing. They are partnering with universities to collect and analyze data – things like transportation, food insecurity, housing, etc. In a nutshell - why do patients find it hard to get to a doctor's office and stay healthy? There's a team of social workers that try to address those issues to keep patients in care.

# WALK-IN CLINIC AND PRIMARY CARE SERVICES

For the walk-in clinic, you can go to patient registration on the first floor, get signed in and get an estimated wait time.

Perfect for those times when you need a quick strep test or other quick service. Legacy offers full-service adult primary care, and has quite a number of exam rooms. They are directly adjacent to the STD and HIV testing clinic. You can walk in and request testing. Moving through the corridor – you quickly realize you are in the OBGYN part of Legacy, where they offer full prenatal and gynecological care. When you turn the corner, you're in the pediatric section. My very favorite thing I learned was about is their Little Readers book program. Working with sponsors like the Barbara Bush Foundation and HEB - at each pediatric visit they give the kids a free book to take home and write a "prescription" to read with their parents.

# SEISMIC SHIFTS IN HEALTH CARE AND LOOKING AHEAD

Rapid advances in technology, medical innovations, and consumer preferences are evolving the competitive landscape of healthcare today. Providers are redefining "the patient experience" by offering alternatives to the method, quality, location, duration and value of how health care services are delivered. With a goal of health care being delivered from no single address, non-traditional venues such as urgent care centers, store fronts, walk-in clinics, service-providing pharmacies, and on-demand and on-line care are offering patients and providers multiple touchpoints. In addition, providers are shifting their focus to sustained health and away from response.

Legacy is leading the approach to community health care by shifting away from simply healing the sick. They are transforming to a hub for health care and health resources for Texans. Instead of approaching health care as a product, they are now using health care as an engagement platform to better address their clients' overall wellness. They are planning accordingly and working closely with the legislature on new innovations, including the potential for telemedicine.

# WHAT CAN HYDE PARK DO TO SUPPORT LEGACY'S MISSION

During the Season of Giving, Legacy collects contributions for toys for patient holiday parties, as well as accepts in-kind donations from toy drives. Please joins us in bringing joy to our patients and their families:

For more information contact our Legacy's Development Department at: 832-730-4333 or visit our website: www.legacycommunityhealth.org/ development/donations/ and designate your donation to Toys for Kids.

If you are planning to have a Toy Drive and would like to donate toys to Legacy patients, please contact:

**Jesus Rodriguez**, Community Relations Manager: JRodriguez5@ legacycommunityhealth.org 713-814-3285

# WHAT HYDE PARK SHOULD KNOW ABOUT LEGACY COMMUNITY HEALTH

Legacy offers high-quality, affordable health care in your community! We strive to serve as a one-stop-shop to meet you and your family's healthcare needs in a convenient setting. Whether you are accessing our pharmacy, eligibility counselors, laboratory, patient assistance programs, vision, dental behavioral health, primary care, OBGYN or pediatrics, Legacy has you covered.





# **HYDE PARK**

A Sense of Community



# Your **Realtor** & Neighbor for 25+ Years.

Contact me for any of your real estate needs in the Hyde Park area, anywhere in Houston, or to place you nationally or internationally through the Sotheby's global network.



# Mike Spear

**REALTOR-ASSOCIATE\*** | Circle of Excellence, Hall of Fame 713.204.7653 | mike.spear@sothebyshomes.com www.MikeSpear.com

Martha Sotheby's
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# AUGUST 2019

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JGH DRIVE, EXAS 77019	Notes: 1405 WAUGH DRIVE, HOUSTON, TEXAS 77019	September 2019  SM T W Th F Sa  2 3 4 5 6 7  9 10 11 12 13 14  5 16 17 18 19 20 21  2 23 24 25 26 27 28  9 30	Sa S	S M T W Th F 1 1 2 3 4 5 7 8 9 10 11 12 14 15 16 17 18 19 21 22 23 24 25 26 28 29 30 31		
31	30	29	28	27	26 Recycling  1st Day of School	25
24	23	22	21 Happy Hour @6pm Hamburger Mary's	20	<b>19</b> Aviation Day	18
17	16	15  HPCA Volunteer Reception 7pm @ Rudyard's	14	13	12 Recycling	11
10	9	8	7 Junk Waste	6 HPCA Meeting 7pm @ Rudyard's	5	4
Saturday 3	Friday 2	Thursday 1	Wednesday	Tuesday	Monday	Sunday